

Ministry of Health & Family Welfare Government of India



## NOVEL C RONAVIRUS (COVID-19)

## **Protective measures against Coronavirus**



A distance of at least 1 meter is necessary to ensure safety for all



Wash your hands with soap and water regularly



If soap and water is not available, use hand sanitizer with at least 60% alcohol



Wash hands before touching eyes, nose and mouth



Throw used tissues into closed bins immediately after use



Cover your nose and mouth with handkerchief/tissue while sneezing and coughing



Avoid mass gathering and crowded places

If you are experiencing symptoms like fever, cough or difficulty in breathing, please call the state helpline number or 24x7 helpline numbers of Ministry of Health and Family Welfare, Government of India and follow the instructions.

## 1075 (Toll Free) | 011-23978046 Email to: ncov2019@gov.in , ncov2019@gmail.com

